

A decorative graphic on the left side of the slide consisting of numerous thin, grey, wavy lines that create a sense of movement and depth, resembling a stylized wave or a ribbon.

**> Development of your pharmaceutical -  
do it right first time**

Åse S. Mjelva

Senior Regulatory Manager

A decorative footer at the bottom of the slide consisting of several overlapping, semi-transparent blue shapes that create a gradient effect from light to dark blue.

## > Our Vision



### To be the BEST CRO in Northern Europe

- True full service; from early stage development to post-market
- 181 employees providing expert guidance to every aspect of a project - **from one source**
- Offices located in Norway, Sweden, Denmark, UK and Germany



## > Our Mission



LINK Medical is a full-service provider for the pharmaceutical and medical device industries.

Our mission is to be the **strategic partner**, guiding our clients through competence and evidence-based documentation to make optimal decisions which **drive superior clinical outcomes**.

## > Company Structure

### • International Operations

- Full Service delivery of clinical trials (phase I to III, device and pharma)
- End to end Biometrics

### • Medical

- Early stage development
- Medical Device
- Safety Reporting/Pharmacovigilance
- Phase IV studies/Real World Evidence
- Health Economics

### • Regulatory

- Clinical Trial Submissions and Reporting
- Regulatory Affairs
- Product Life Cycle Management
- Medical Writing

# > The Complete Nordic Regulatory and PV Solution



## ONE contract source for the Nordic/Baltic region

**LINK Medical has highly qualified Regulatory, PV  
and QA resources in all Scandinavian countries**

**Through our partner Medfiles we offer a complete  
Nordic/ Baltic solution for post market regulatory  
and PV services**





## > Our Experience

---

**25 years experience**

---

Over 50 active customers in Regulatory/QA today

---

High degree of repeat business – loyal customers for up to 20 years

---

Many LINK personnel have worked in large Pharma or for Nordic health authorities

---

Approx. 4000 single tasks contracted to LINK per year

---

**Covering the whole Nordic/Baltic region**

A decorative graphic at the bottom of the slide consisting of several overlapping, semi-transparent blue shapes that create a wave-like effect, extending across the width of the slide.

## > LINK Medical Quality Assurance



**Our  
experienced  
and  
dedicated  
QA team can  
support:**

---

Batch Releases

---

Quality Complaints

---

GDP QMS and Responsible Person

---

SOP Audit

---

Inspection support

---

## Why work with LINK Medical?

**Early Stage Development – optimised  
pathway to commercialisation**

**Full Service Product Development**

**End to end Biometrics  
(master users of Viedoc)**

**50+ Staff for Nordic Regulatory Affairs  
and Pharmacovigilance**

**Health Economics  
Real-World Evidence**



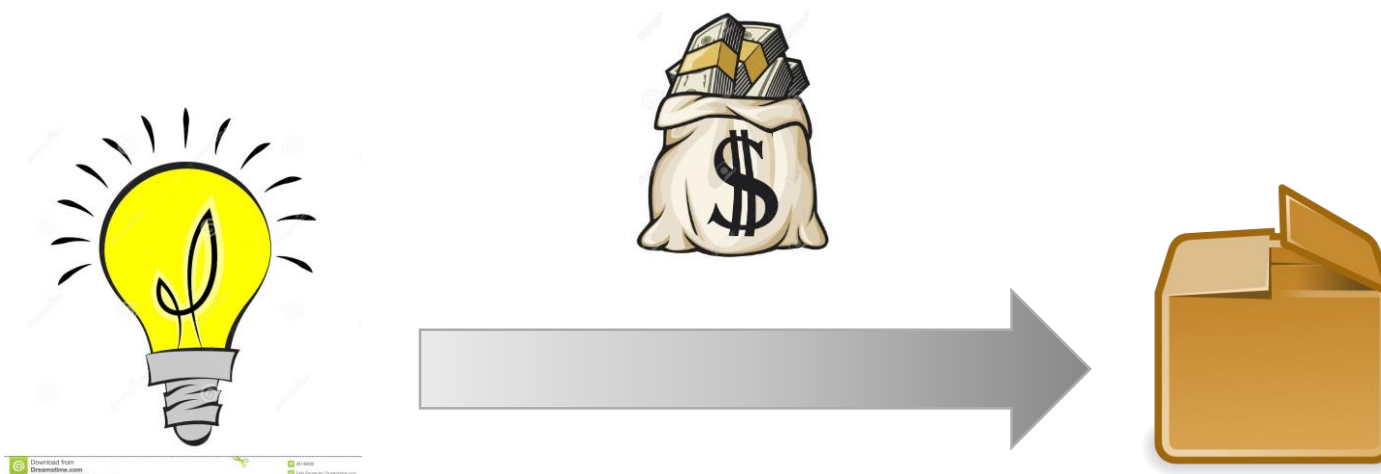
A scenic photograph of a paved road winding through a mountainous landscape. The road is flanked by green grass and evergreen trees. In the background, there are large, rugged mountains under a clear blue sky. A dark blue curved graphic element is on the left side of the slide.

## > Agenda

- The basics
- Some general pointers
- How to get where you want to
- Take home message

## > The basics

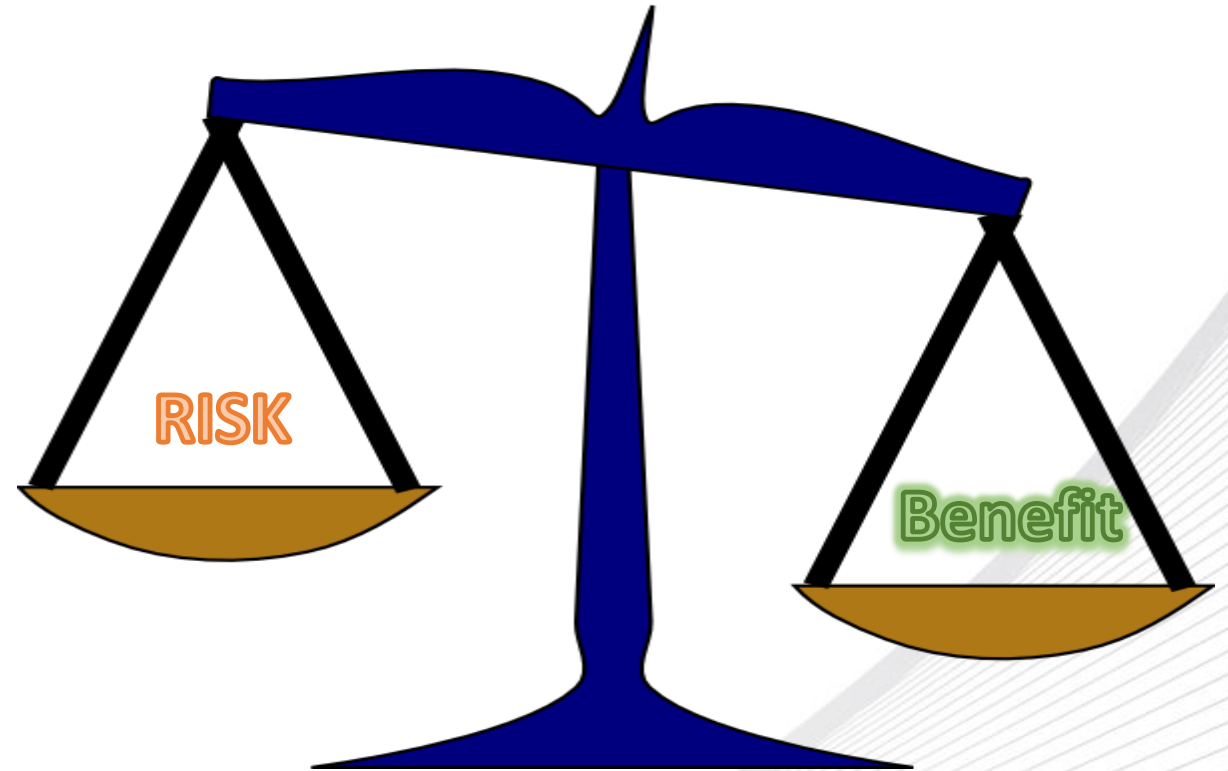
- What do you have to fulfil and how do you do that



## > What is it all about?

A medicinal product must

- fulfil certain quality requirements
- be effective
- have a favorable risk/benefit profile



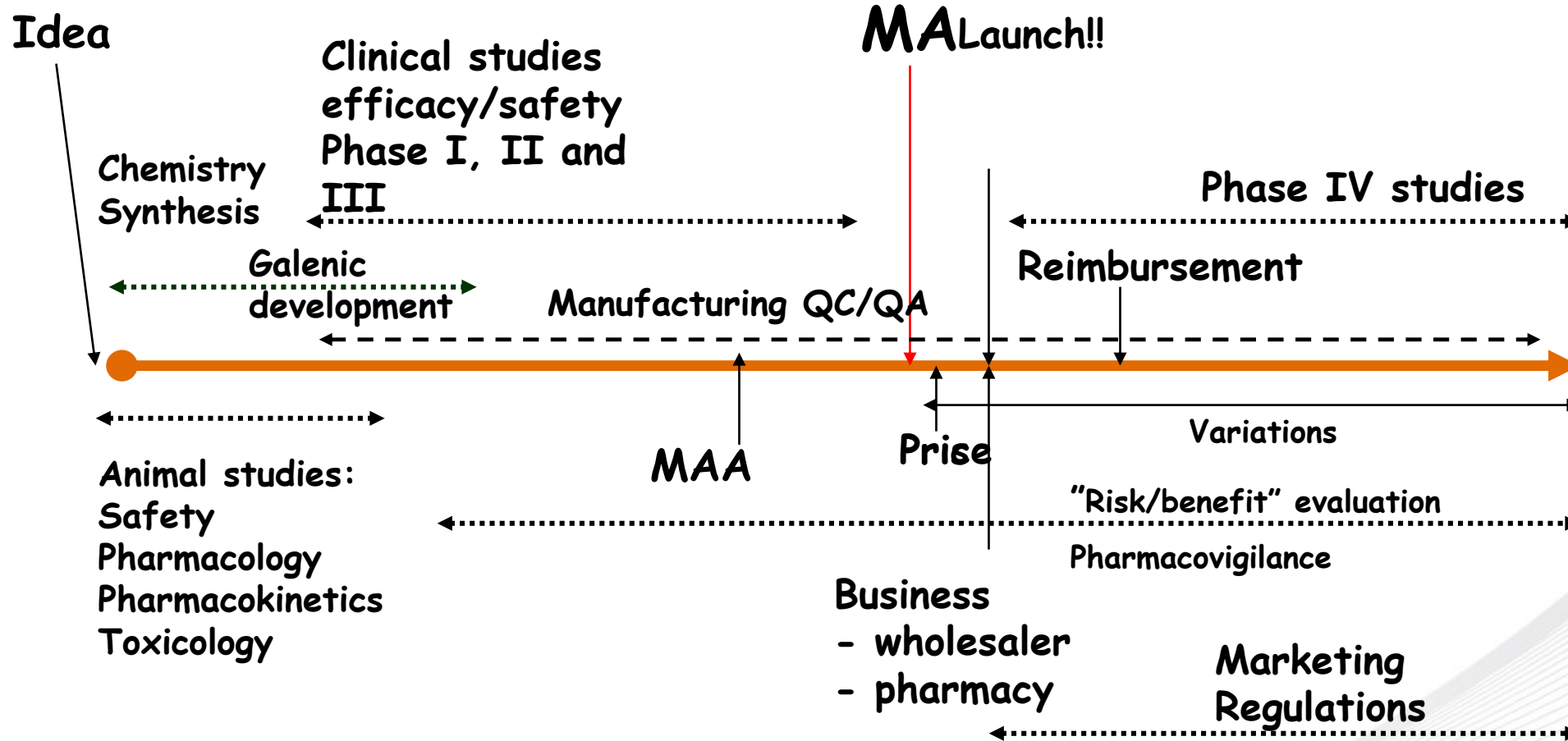
## > Regulatory

- If the end user is a patient - there is a set of rules you have to follow
- What rules and regulations apply?
  - Depends on your product
  - Depends on your market



# > Drug development and follow-up

Hauge og Thomassen: Legemidler og juss, Fagbokforlaget 2008





A decorative graphic on the left side of the slide consisting of numerous thin, grey, wavy lines that create a sense of movement and depth, resembling a stylized wave or a series of overlapping curves.

## ➤ Some general pointers

- What should always be on top of your list?
- What should you always be aware of?

> Where are you - and where are you going?



> What is not documented does not exist






> “If you don’t have the time to do it right, when will you have the time (and money!) to do it over?”



A decorative graphic on the left side of the slide consisting of numerous thin, grey, wavy lines that create a sense of movement and depth, resembling a stylized wave or a series of overlapping curves.

## ➤ How to get where you want to

- Decide where you want to go
  - Why is it important to document
  - When should you ask for advice
  - Who should you confer with
  - How do you document
- 
- A decorative footer at the bottom of the slide consisting of several overlapping, semi-transparent blue shapes that create a gradient effect, transitioning from a lighter blue on the left to a darker blue on the right.



## > Market

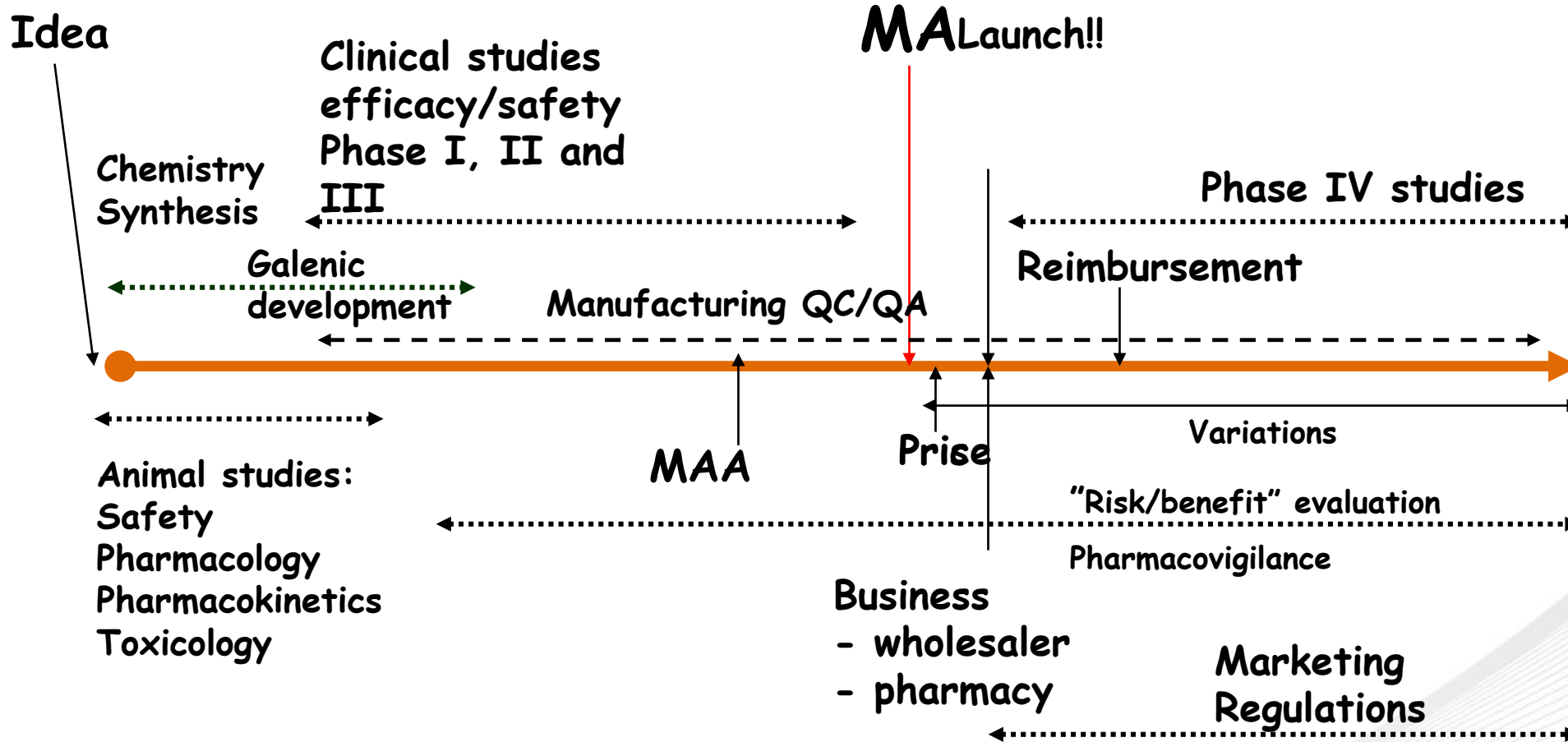
- Do you have a market?
- How many patients?
- What is the current standard treatment?
  - Is your treatment better?
  - Cheaper?
  - What is your benefit?
- Price - can you make a living?
- Are you bringing an increased value to patient and/or healthcare professionals
- Reimbursement
- Different situations in different markets

## > Where are you going?

- What you should consider before starting:
  - Regulatory strategy (drug, medical device, food supplement)
  - Indication
  - Clinical development
  - Market - claim
  - Development of the actual product
  - Reimbursement

# > Drug development and follow-up

Hauge og Thomassen: Legemidler og juss, Fagbokforlaget 2008



## > Talk with regulatory specialists

- Ask for help to set up a Target Product Profile (TPP)
- Clarify what the regulatory requirements are your product
- Do it right first time!

## > «Dream Product Profile»

- Indication
- Patient group
  - Age
  - Gender
  - Severity
  - Concomitant medication
- Dosing
- Duration of treatment
- Contraindications
- Precautions
- Adverse reactions



## > Write down your decisions

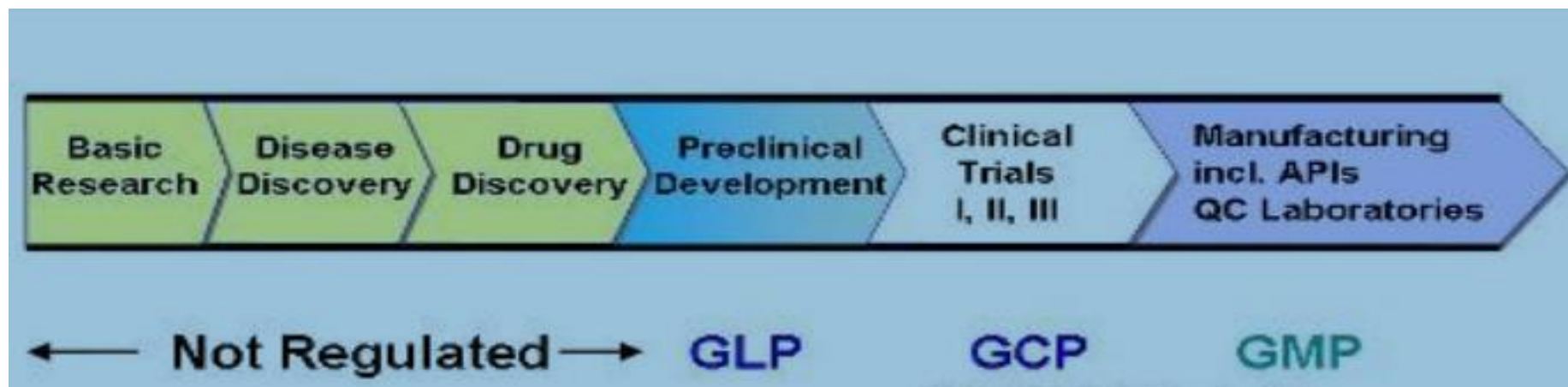
- Why do you choose this path
- What are the reasons behind your decision
- Who have you conferred with
- What inquiries have you made
- Take minutes from meetings - for your own use

## > Know your product

- How are you going to produce your product according to Good Manufacturing Practice (GMP)
- How will your research product differ from your final product?
- Are you able to use data from the research product?
- Impurities?
- Issues with production?
- Different producers?
- Stability - start early with stability studies - on your final product!

## ➤ GxP = Principles/quality requirements ensuring compliance with legislation

- GLP Good Laboratory practice
- GCP Good Clinical practice
- GMP Good Manufacturing practice
- GDP Good Distribution Practice
- GVP Good Pharmacovigilance Practice



## > Transfer from idea to product development

- Can you use any of the preliminary studies for your pharmaceutical?
- GAP analysis
- Dose finding - how did you end up at your dose?
- Pharmaceutical development (galenic) - GMP
- From “research” mindset to regulatory mindset

## > What do you need to document

- What are the regulatory requirements for your product
  - Different requirements for different markets
  - Different requirements for different products
- How are you going to present the data - read guidelines and find suitable partners/contractors
- Make sure that you/contractor know the requirements and how your dossier must be submitted (e.g. eCTD)



## > Choose your vendors wisely

- What do you require from the different vendors (e.g. GxP?)
- Qualify your vendors
  - Make a checklist
  - Ask for support
- Use specialists to help you locate the best vendor for you
  - Risk evaluation
- Contracts
- Write down your decisions


# > Responsibilities for a Marketing Authorization Holder (MAH)



- Are you going to be the MAH - make sure you know your responsibilities
  - Pharmacovigilance - QPPV
  - QP - release of product
  - GDP - distribution
  - Product availability
  - Price
  - Reimbursement
  - Falsified Medicines Directive (FMD)
- Start preparing before you have the MA, so that you don't lose time during launch
- Product life cycle!

A decorative graphic on the left side of the slide consisting of numerous thin, grey, wavy lines that create a sense of movement and depth, resembling a stylized wave or a plume of smoke.

## ➤ Take home message

- Know where you are and where you are going
  - Make a plan
  - Document everything
  - Don't be afraid to ask professionals for help
  - Adjust your plan if necessary
  - Do it right first time!
- 
- A decorative footer at the bottom of the slide consisting of several overlapping, semi-transparent blue shapes that create a gradient effect from light to dark blue.





**Your LINK to // optimal solutions**

[www.LinkMedical.eu](http://www.LinkMedical.eu)