

NCE Blue Legasea

# Regulatory Requirements

## Regulatory and Scientific Advice

**The Norwegian Medicines Agency, NoMA**

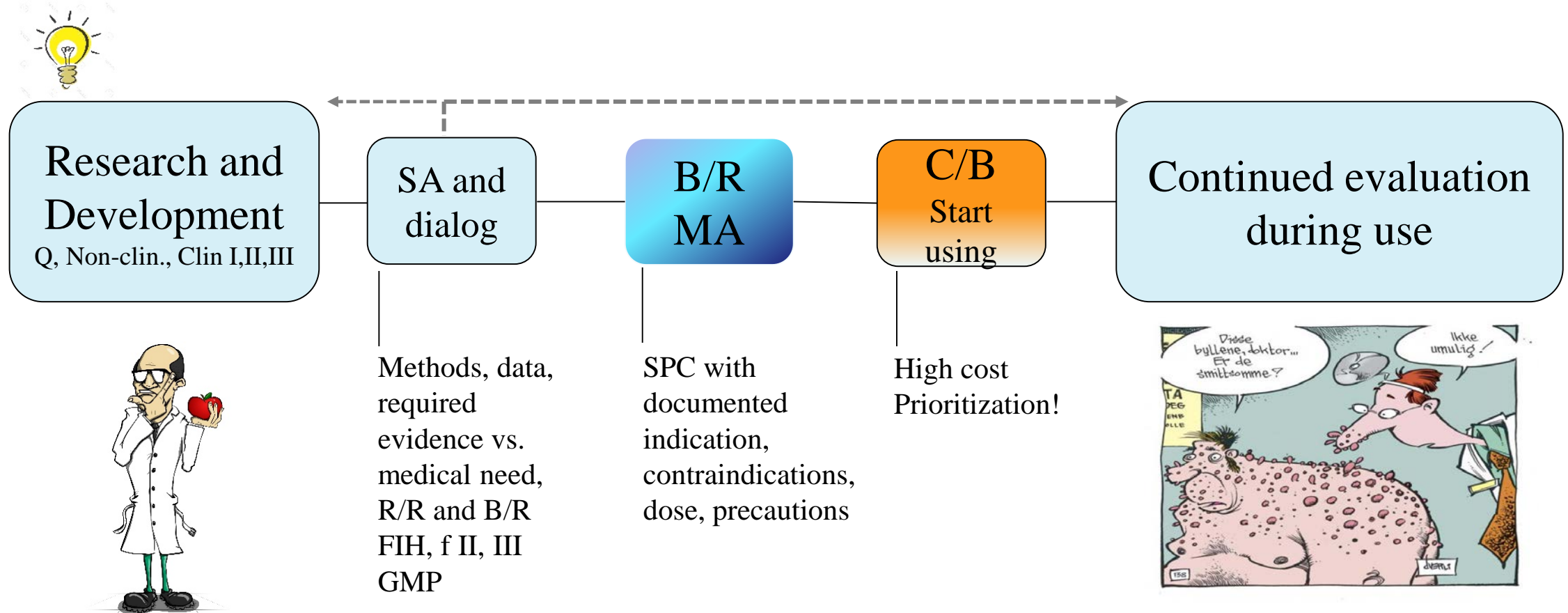
Jan Petter Akselsen

# Content

- Medicines Authorities; Structure and Roles. Politics
- Regulations, Marketing Authorisation
- Drug Development
  - Classification, quality, pre-clinical and clinical trials
- Medical Devices
- Scientific Advice and Innovation Support
- Questions and Discussion

# Regulation of Medicinal Products

## *From Research to Patients.....*



Patients and Public Health

# The Norwegian Medicines Agency (NoMA)

- ✓ 320 Employees
- ✓ Covering all aspects in regulation of Medicinal Products
- ✓ Partner in EU-network
- ✓ Cost/benefit and HTA
- ✓ Medical Device
- ✓ Advice and Support

Regulates based on;

- National law and regulation
- EU directives and regulations
- EU guidelines
- Scientific experience and knowledge



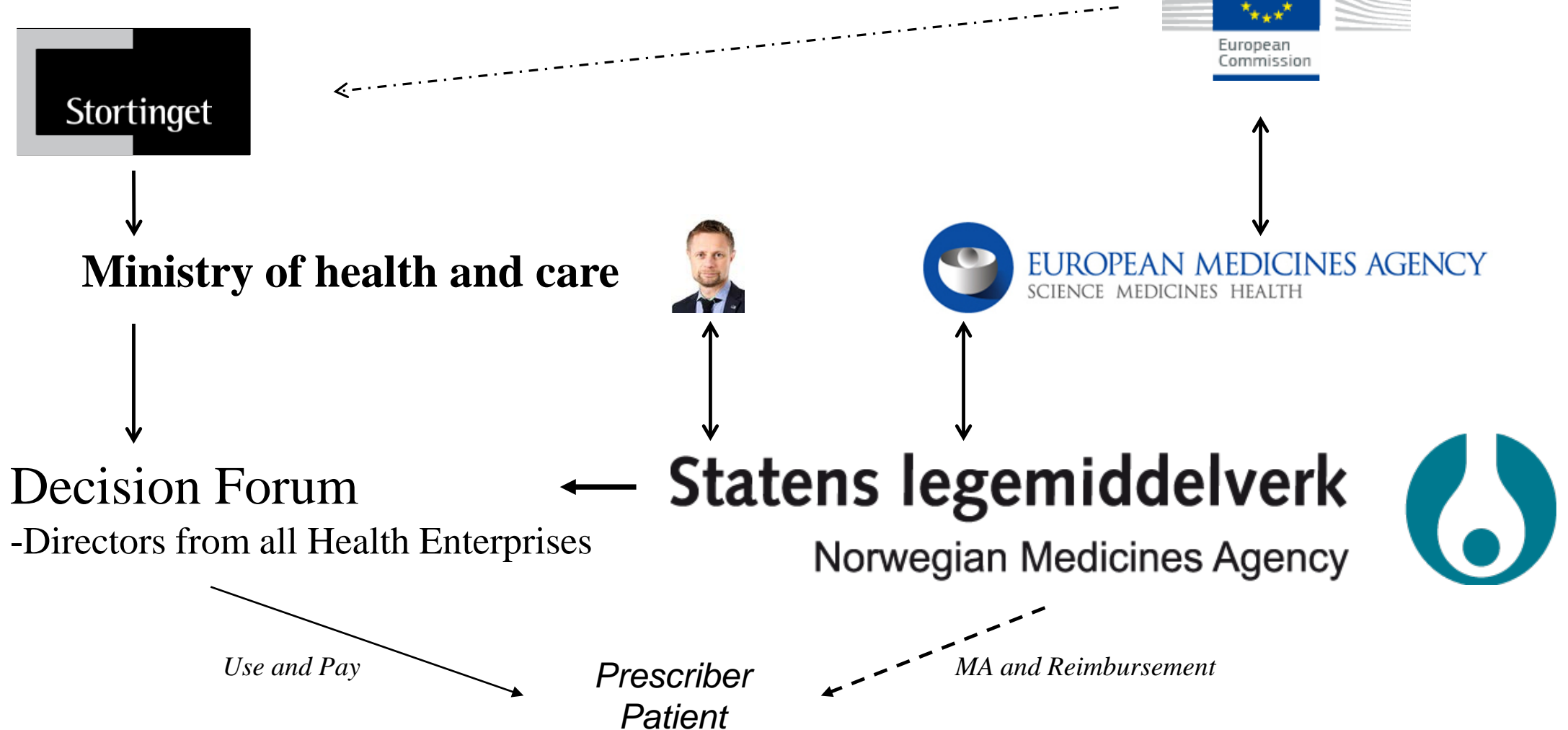


# New political priorities

- Secure optimal quality in drug therapies
- Equal and fast access to new medicinal products
- Low prices on pharmaceuticals
- Create good environments for research and innovation
- Help business development and creation of new jobs !!



# Who takes decisions in Norway?



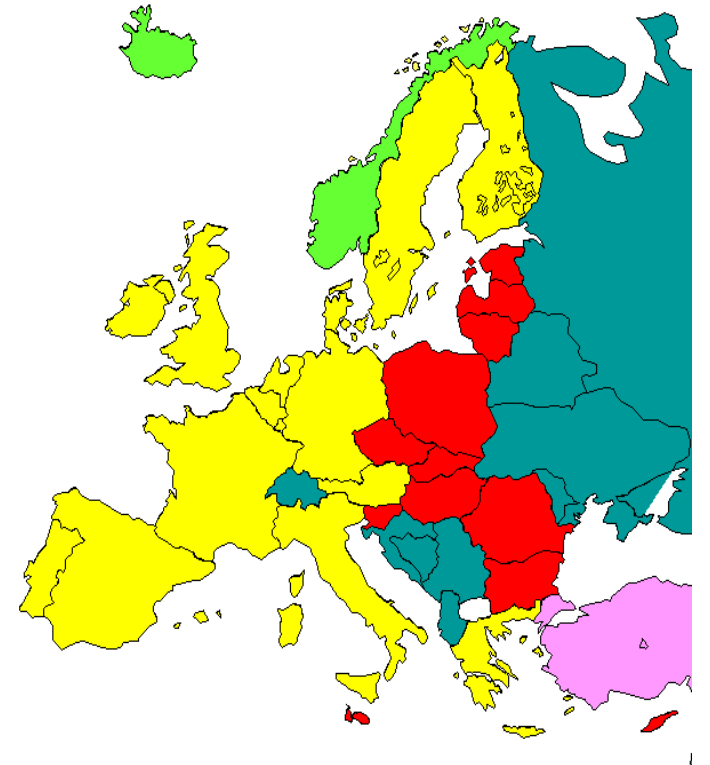
# European work sharing

- ✓ **National Authorities working in EU-network**

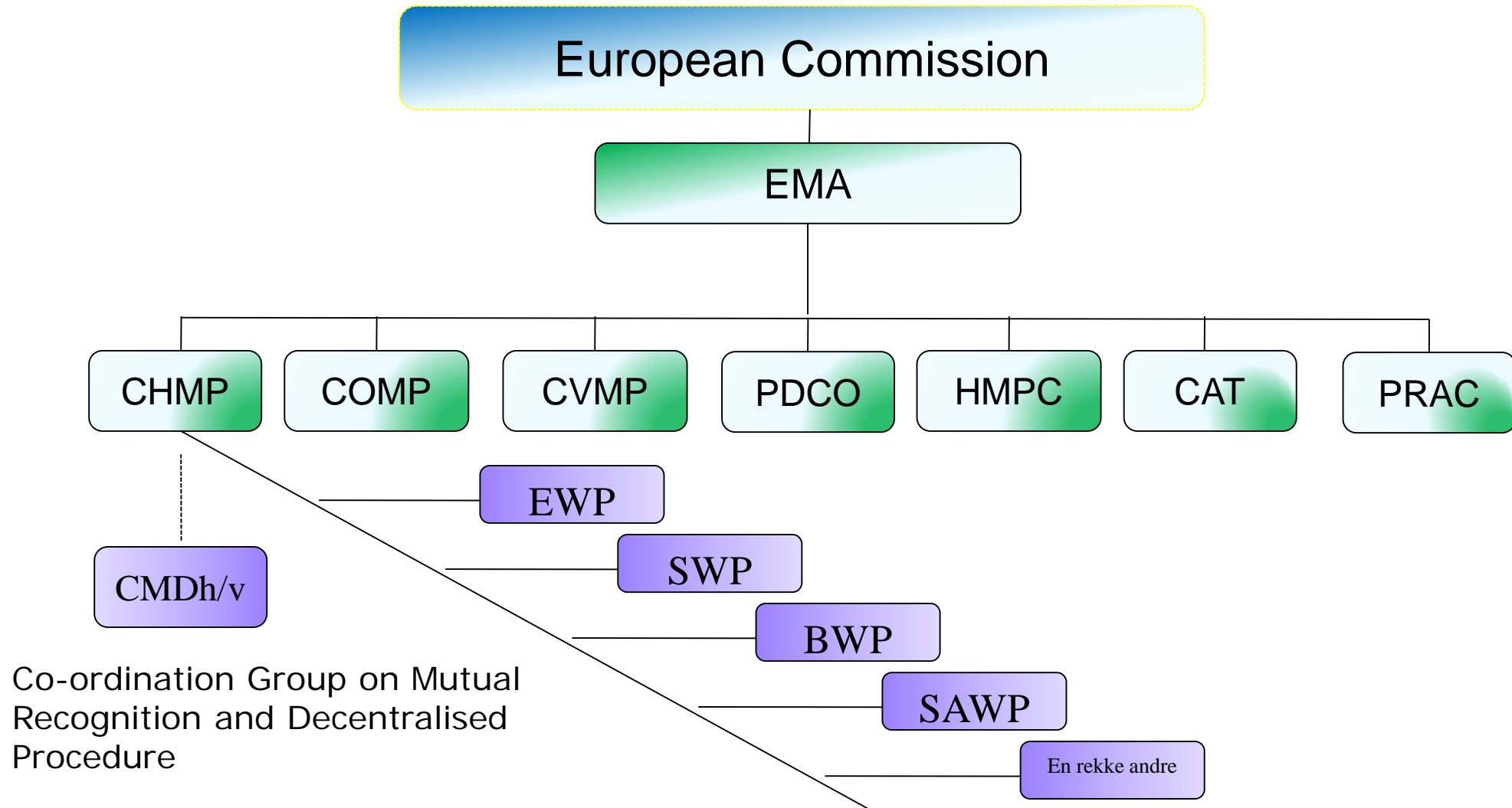


**CHMP/CVMP/CAT**  
**Committee for Medicinal Products for**  
**Human Use/Veterinary Use/ATMP**

- ✓ **EEA-agreement 2000;**  
**Norway fully participate in the «drug-democracy»**
- ✓ **Brexit !**



# European Network





# European Medicines Agency

## Mission statement

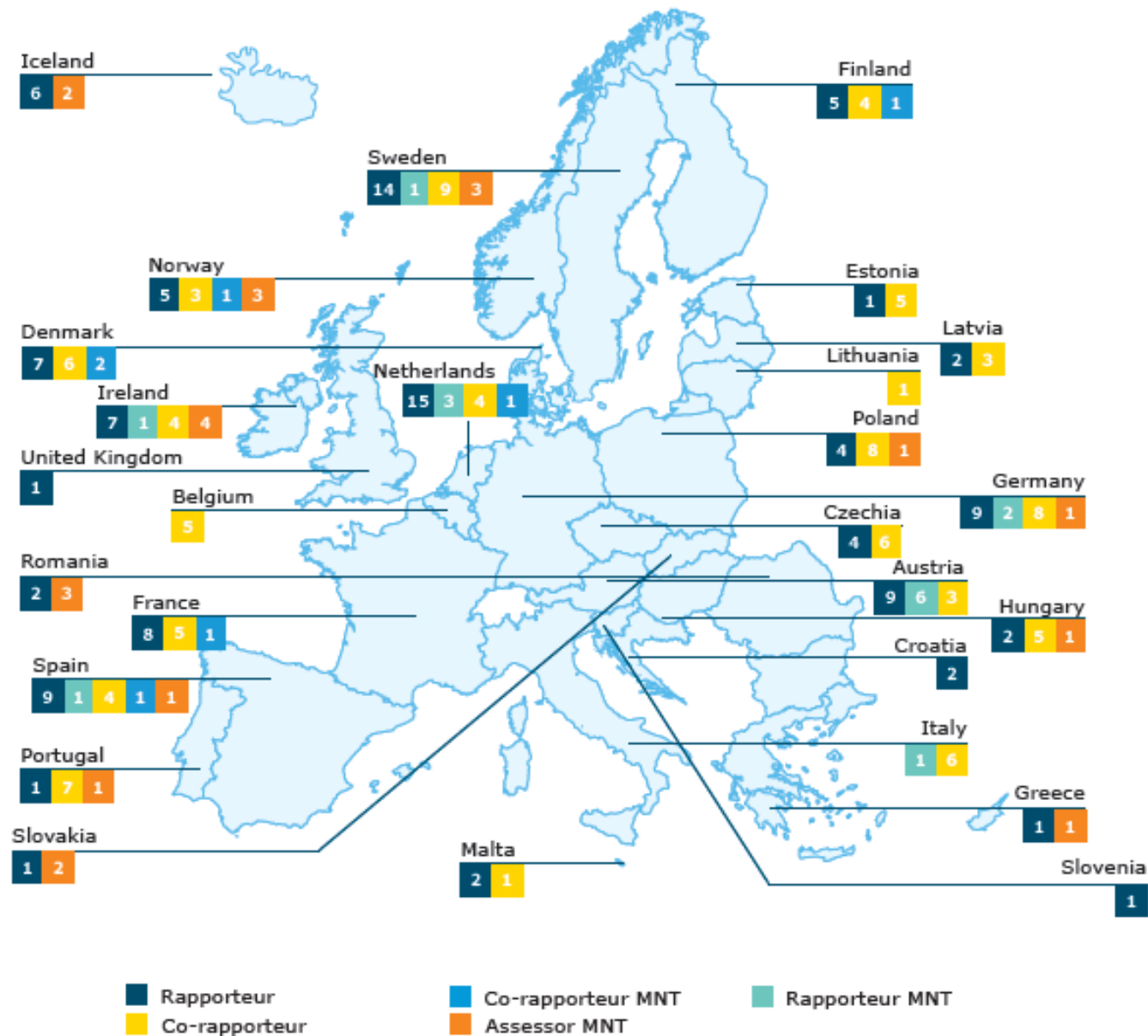
- The mission of the European Medicines Agency is to foster scientific excellence in the **evaluation** and **supervision** of medicines, for the benefit of public and animal health.



# NoMA fully engaged in the EU-network

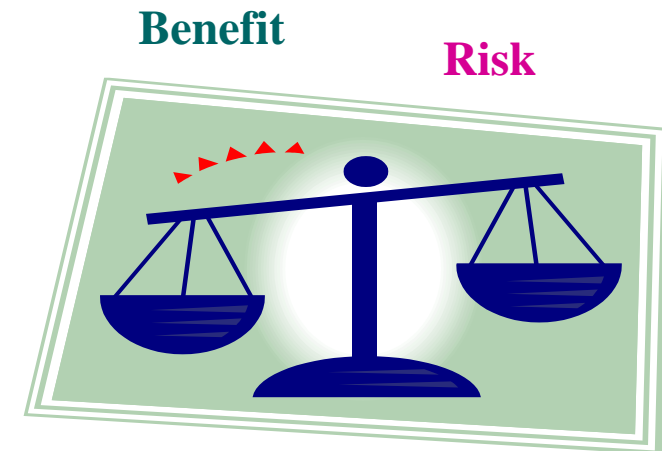
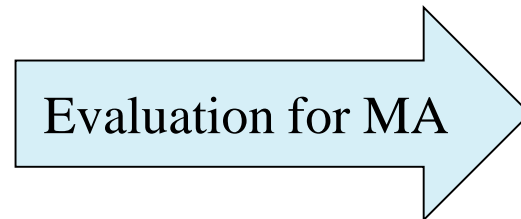
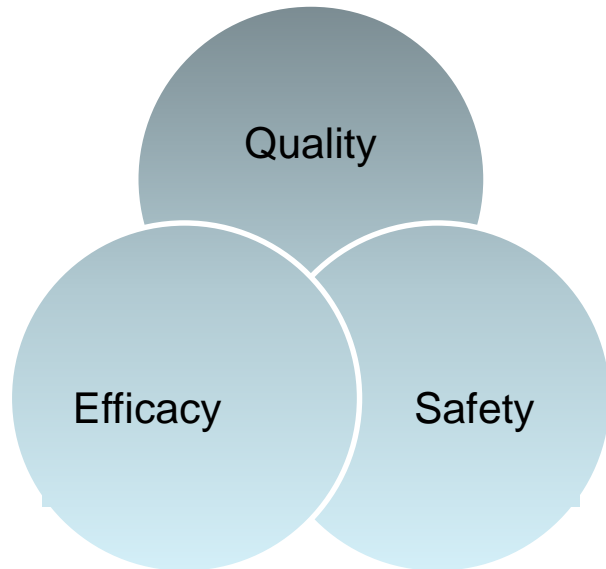
- Marketing Authorisation Applications (incl. Variations)
- Central Scientific Advice
- Pharmaco Vigilance
- Development of Guidelines and Regulations
- Soon: Common Procedure for Clinical Trials

# CP i 2018



# Marketing Authorisation (MA)

- Medicinal products need marketing authorisation before launch in the market
- Robust; quality, safety and efficacy documentation required



Continues in the whole life cycle

# Different Procedures for Marketing Authorisation

- National Procedure- NP
  - *Mutual Recognition Procedure- MRP*
- Decentralised Procedure - DCP
- Centralised Procedure - CP
  
- New Indications
- Changes to the SPC\*

European and National Law and Regulations

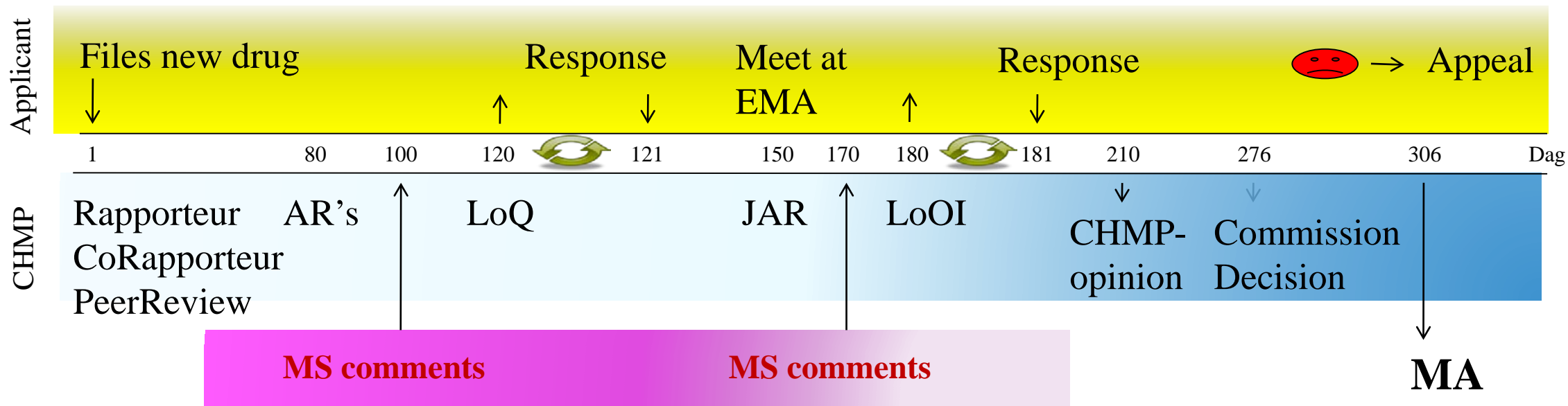
\*Summary of Product Characteristics



# European Marketing Authorisation

✓ Central Procedure (CP), 1995 in EU, 2000 in Norway

- Mandatory for several therapeutic areas and classes of medicinal products
- For most new innovative drugs
- Application filed to EMA
- Decision valid for whole EEA





# Approvals in 2018

## All New Approvals in CP



### Authorisation of new medicines

Key figures on the European Medicines Agency's (EMA) recommendations for the authorisation of new medicines in 2018:

**84** Positive opinions

**42** New active substances

**5** Negative opinions

**10** Withdrawn applications

**3** Advanced therapy medicinal products

**21** Orphan medicines

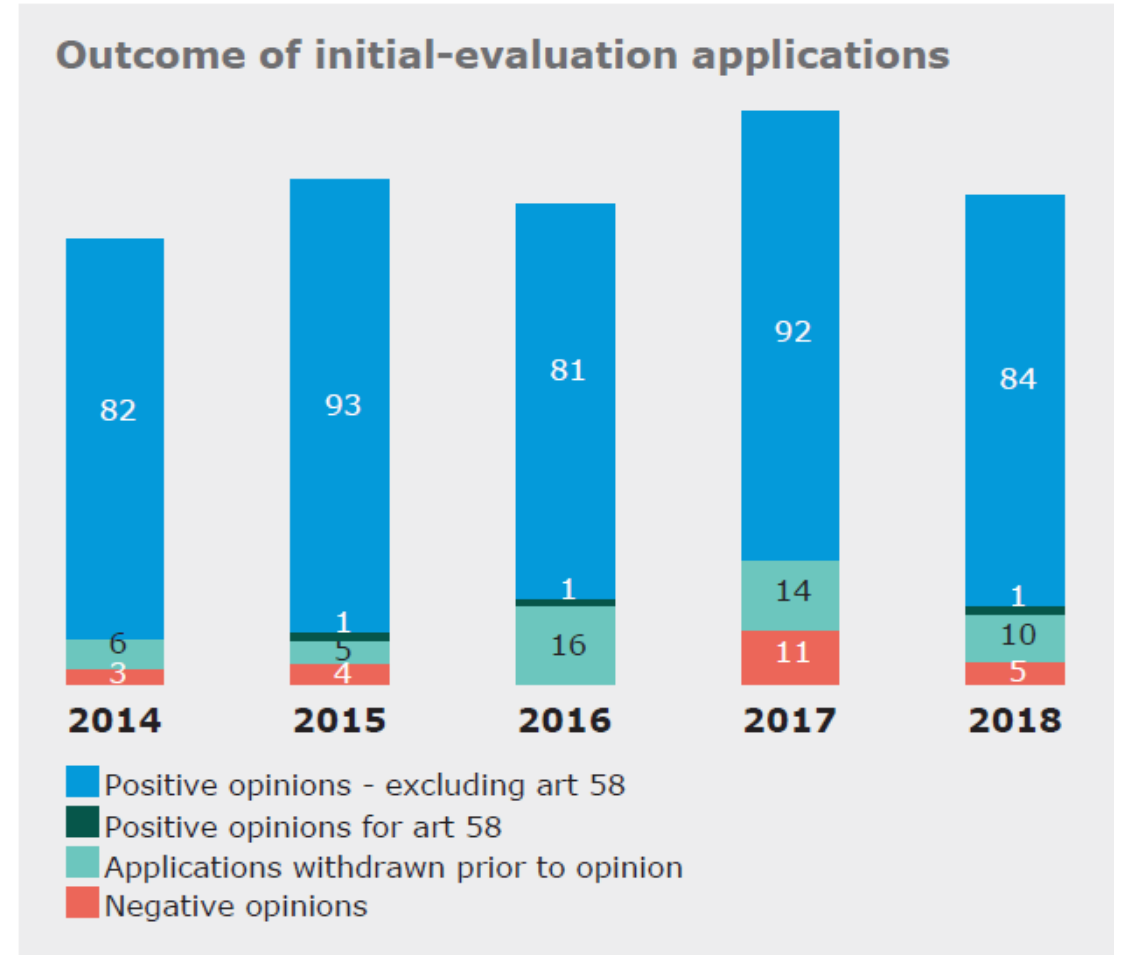
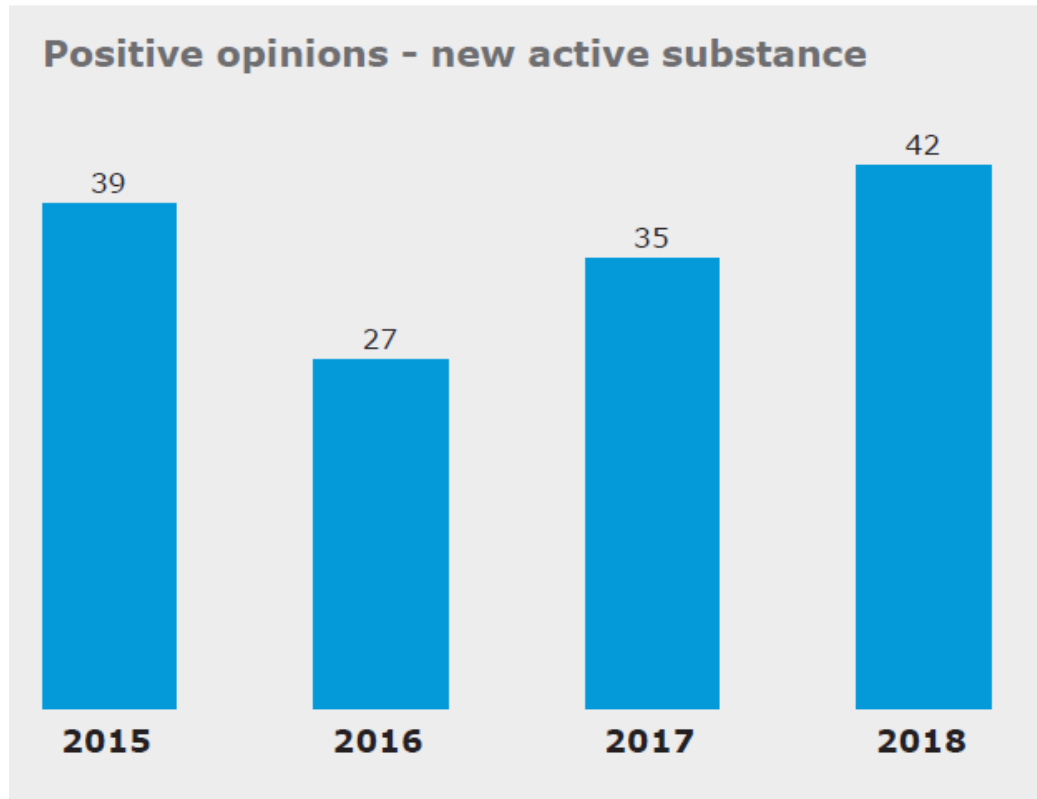
**4** Accelerated assessments

**1** Conditional marketing authorisations

**3** Approval under exceptional circumstances

*See more on the new recommendations from page 2.*

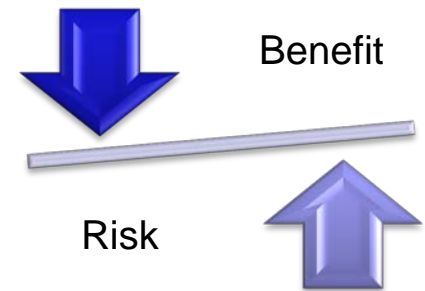
# Approvals in 2018



+ 67 variations in indication

# Assessment of benefit / risk

- ✓ Risk risk trade-off ?
  - ✓ how much risk is acceptable for a given or anticipated benefit?
  - ✓ how much uncertainty is acceptable at the time of marketing authorization?

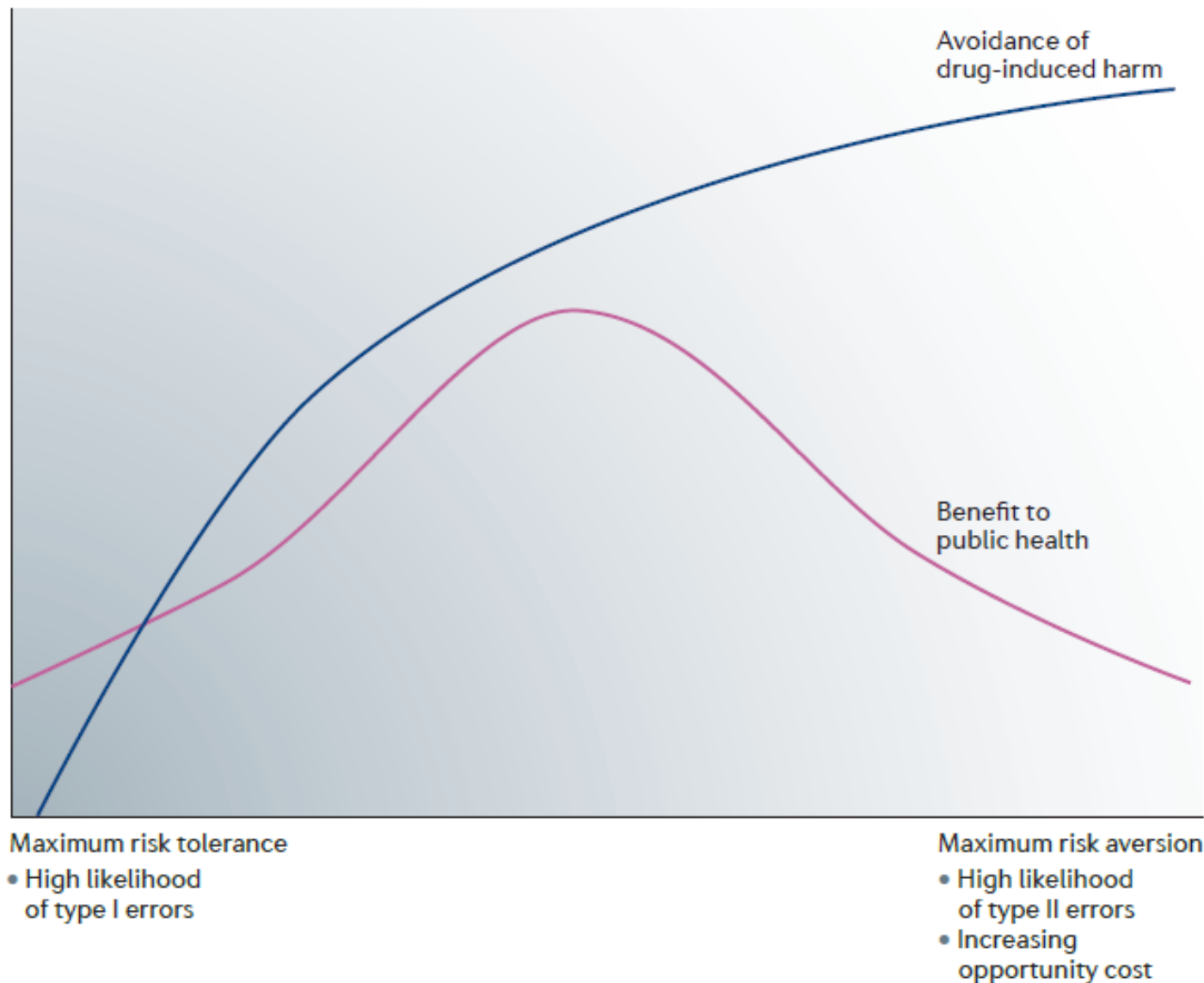


# Can the benefit/risk documentation be trusted ?

- Pharmaceutical quality
- Preclinical and mode of action
- Clinical trial design, selection of patients, dose used, comparator, endpoints (are the endpoint clinically relevant ?)
- Are trials conducted according to GCP and outcome from inspections?
- Safety system and documentation

## The risks of risk aversion in drug regulation

*Hans-Georg Eichler, Brigitte Bloechl-Daum, Daniel Brasseur, Alasdair Breckenridge, Hubert Leufkens, June Raine, Tomas Salmonson, Christian K. Schneider and Guido Rasi*



# Decisions for Marketing Authorisation

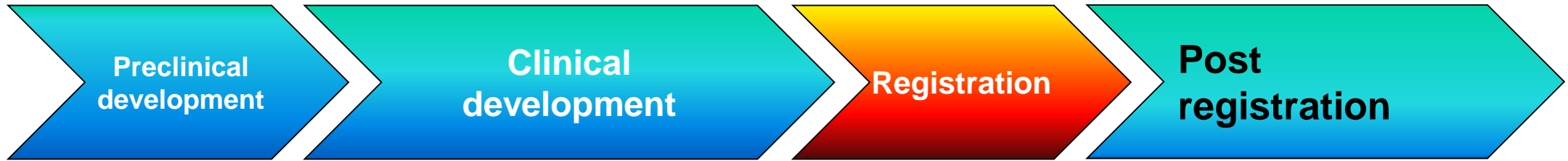
- Based on;
  - ✓ Scientific assessment in EU-network  
Quality, efficacy and safety. RMP
  - ✓ The basis for decision  
Benefit vs. risk
  - ✓ MA includes....  
**SPC**, PV and labelling
  - ✓ Reason for refusal  
"Potential serious risk for human health"



Key to legal marketing!



# Drug Development



..a structured process!

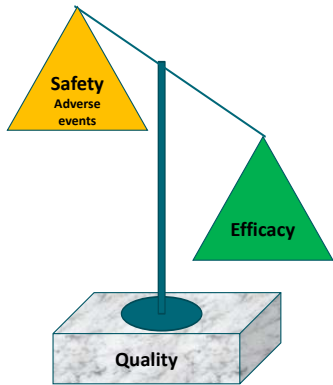
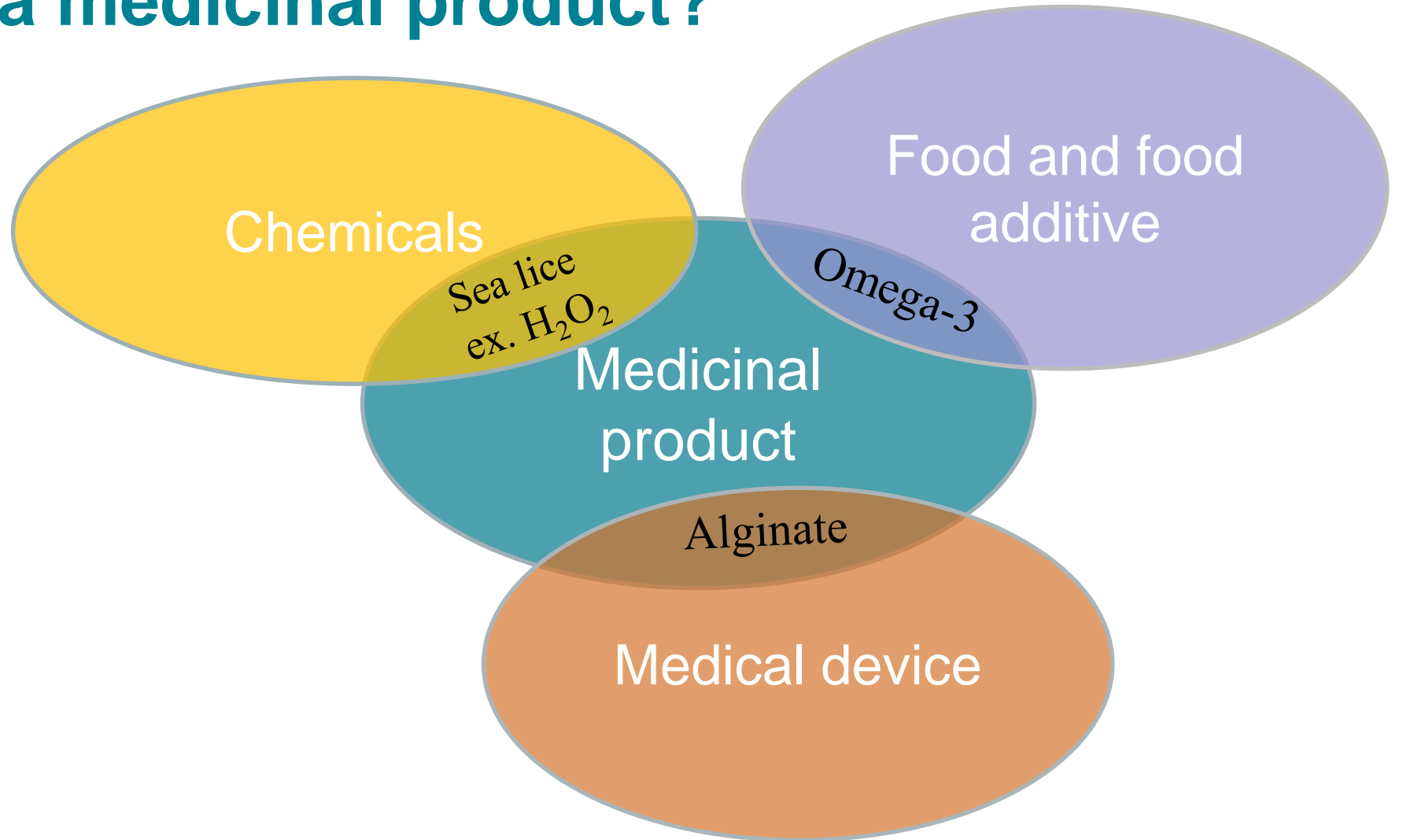
# Is my product a medicinal product?



**CLASSIFICATION**

Medicinal or non-medicinal product?

# What is a medicinal product?



Pre-approval:  
Marketing Authorisation

# Definition of a medicinal product

## *Medicines Act § 2 :*

«Med legemidler forstås i denne lov stoffer, droger og preparater som er bestemt til eller utgis for å brukes til å forebygge, lege eller lindre sykdom, sykdomssymptomer eller smerter, påvirke fysiologiske funksjoner hos mennesker eller dyr, eller til ved innvortes eller utvortes bruk å påvise sykdom.»

## *Directive 2001/83/EC:*

### Medicinal product :

- (a) Any substance or combination of substances **presented as having** properties for treating or preventing disease in human beings; or
- (b) Any substance or combination of substances which may be used in or administered to human beings either with a view to **restoring, correcting or modifying physiological functions** by exerting a **pharmacological, immunological or metabolic action**, or to making a medical diagnosis.

# Why classify products?

- Determine whether or not the Medicines Act is applicable for the product in question
- Ensure that patients have access to medicinal products that are assessed with regard to quality, safety and efficacy



# Current handling of classification

Decisions are based on an overall evaluation of a specific product

- **Function:**

- Content (effect at the specific dose) – pharmacologic, immunologic or metabolic
- Health risk

- **Presentation:**

- Form of administration ( ex. FMT. iv. injection...)
- Purpose, claims, indication
- Marketing (text, images)
- How is the product perceived (historical data)





# Product quality

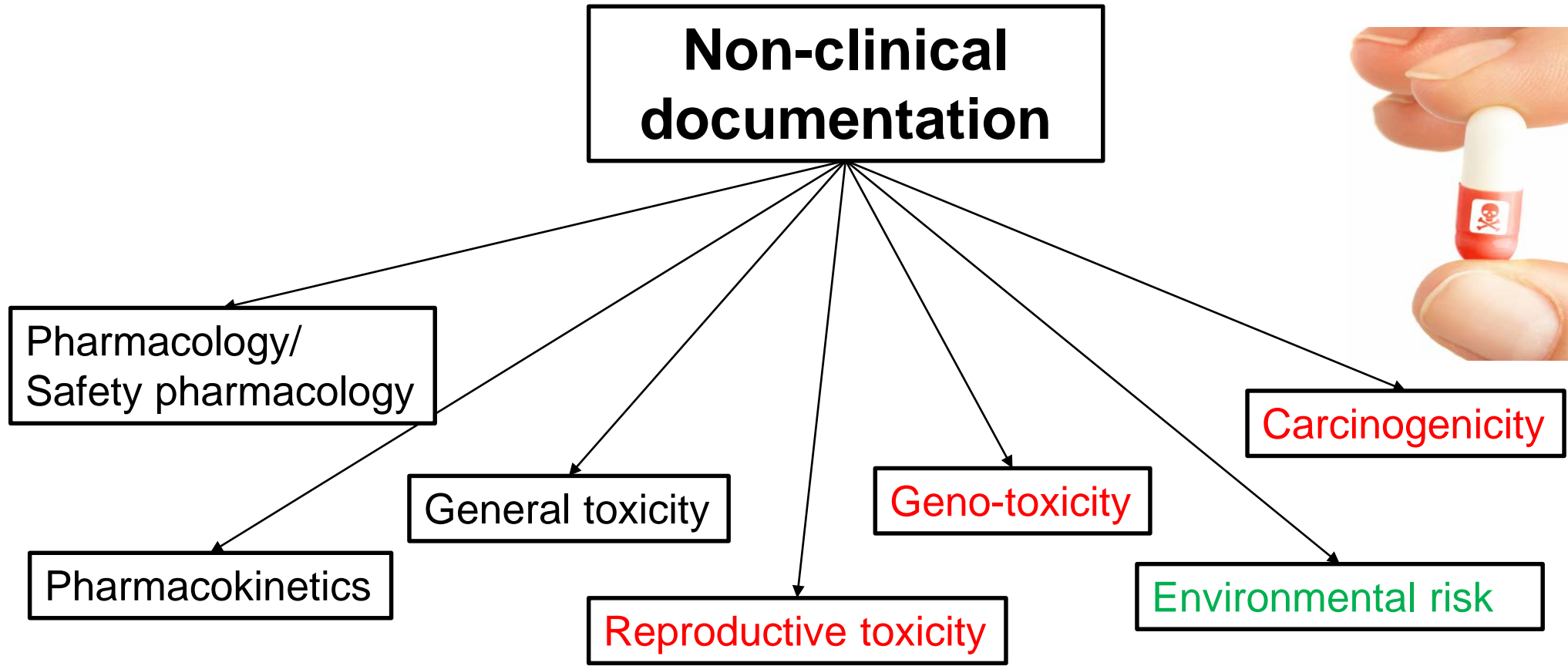
- Pharmaceutical Quality
  - API\* and all Excipients
- You must document the whole Supply Chain
- Production:
  - GMP
  - environment and ethics

\*Active Pharmaceutical Ingredients, ICH Q7

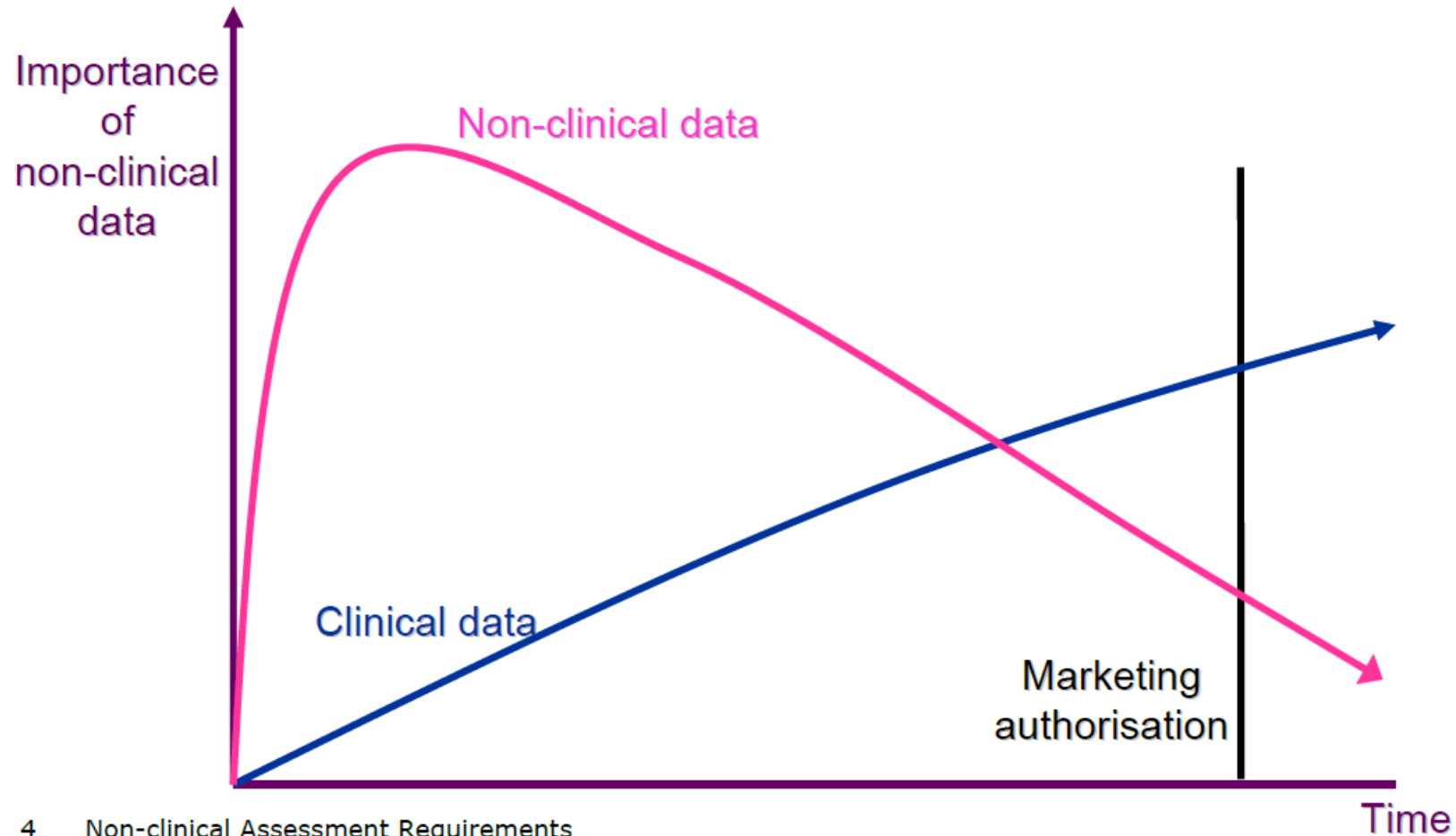


Globalisation

# Non-clinical data



# Relevance of non-clinical studies in drug development



# Why do we need non-clinical data?

- Knowledge about the pharmacological and toxicological profile
- Used to establish a safe first dose in humans
- Basis for risk assessment and potential safety measures
- Continuous benefit/risk-assessment



# Regulatory requirements throughout development



EUROPEAN MEDICINES AGENCY  
SCIENCE MEDICINES HEALTH

December 2009  
EMA/CPMP/ICH/286/1995

ICH guideline M3(R2) on non-clinical safety studies for the conduct of human clinical trials and marketing authorisation for pharmaceuticals

Step 5

Transmission to CHMP	July 2008
Adoption by CHMP for release for consultation	July 2008
End of consultation (deadline for comments)	October 2008
Final adoption by CHMP	June 2009
Date for coming into effect	December 2009



EUROPEAN MEDICINES AGENCY  
SCIENCE MEDICINES HEALTH

20 July 2017  
EMA/CHMP/SWP/28367/07 Rev. 1  
Committee for Medicinal Products for Human Use (CHMP)

Guideline on strategies to identify and mitigate risks for first-in-human and early clinical trials with investigational medicinal products

Adopted by CHMP for release for consultation	10 November 2016
Start of public consultation	15 November 2016
End of consultation (deadline for comments)	28 February 2017
Adopted by CHMP	20 July 2017
Date of coming into effect	01 February 2018

# Clinical Trials

- Should be planned and conducted according to high scientific standards and existing guidelines!
- It's not about believing, it's about evidence!!

RUTETID AV FRODE ØVERLI



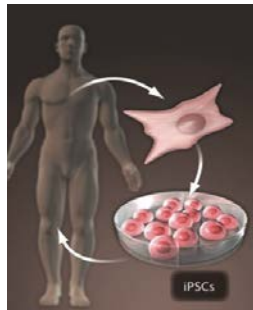


# Definition of a clinical trial

- Any systematic study on medicinal products with the intention to provide new knowledge or verify existing knowledge regarding the effect or influence of the medicinal product on:
  - Physiological function, interaction, side effects
  - Uptake, distribution, metabolism and excretion
  - therapeutic value/benefit of the medicinal product
- Applies to medicinal products with and without market authorization
- OBS: Advanced therapy is defined as medicinal products in EU



Gene therapy



Cell therapy



Tissue therapy



Medicinal products

# Assessment of the application

- Clinical trials must be approved (pre-approval)
- The application (protocol) will be assessed with respect to **scientific validity**
  - Hypothesis, endpoint, population, dosage, safety/monitoring, statistics
- Factors to be considered in the assessment
  - Trials in early vs late phase (FIH/phase I vs phase IV)
  - Authorized medicinal products vs medicinal products in development
  - Approved indication vs new indication





# Medical Device

- NoMA is the Competent Authority for medical devices

# What is a Medical Device?

...any instrument, apparatus, appliance, software, material or other article, whether used alone or in combination, including the software intended by its manufacturer to be used specifically for diagnostic and/or therapeutic purposes and necessary for its proper application, intended by the manufacturer to be used for human beings for the purpose of:

- diagnosis, prevention, monitoring, treatment or alleviation of disease,
- diagnosis, monitoring, treatment, alleviation of or compensation for an injury or handicap,
- investigation, replacement or modification of the anatomy or of a physiological process,
- control of conception,

*and which **does not** achieve its principal intended action in or on the human body by pharmacological, immunological or metabolic means, but which may be assisted in its function by such means*

# What is a medical device?

...any instrument, apparatus, appliance, software, material or other article, whether used alone or in combination, including the software intended by its manufacturer to be used specifically for diagnostic and/or therapeutic purposes and necessary for its proper application, intended by the manufacturer to be used for human beings for the purpose of:

- diagnosis
- diagnosis
- handicap
- investigation
- control of

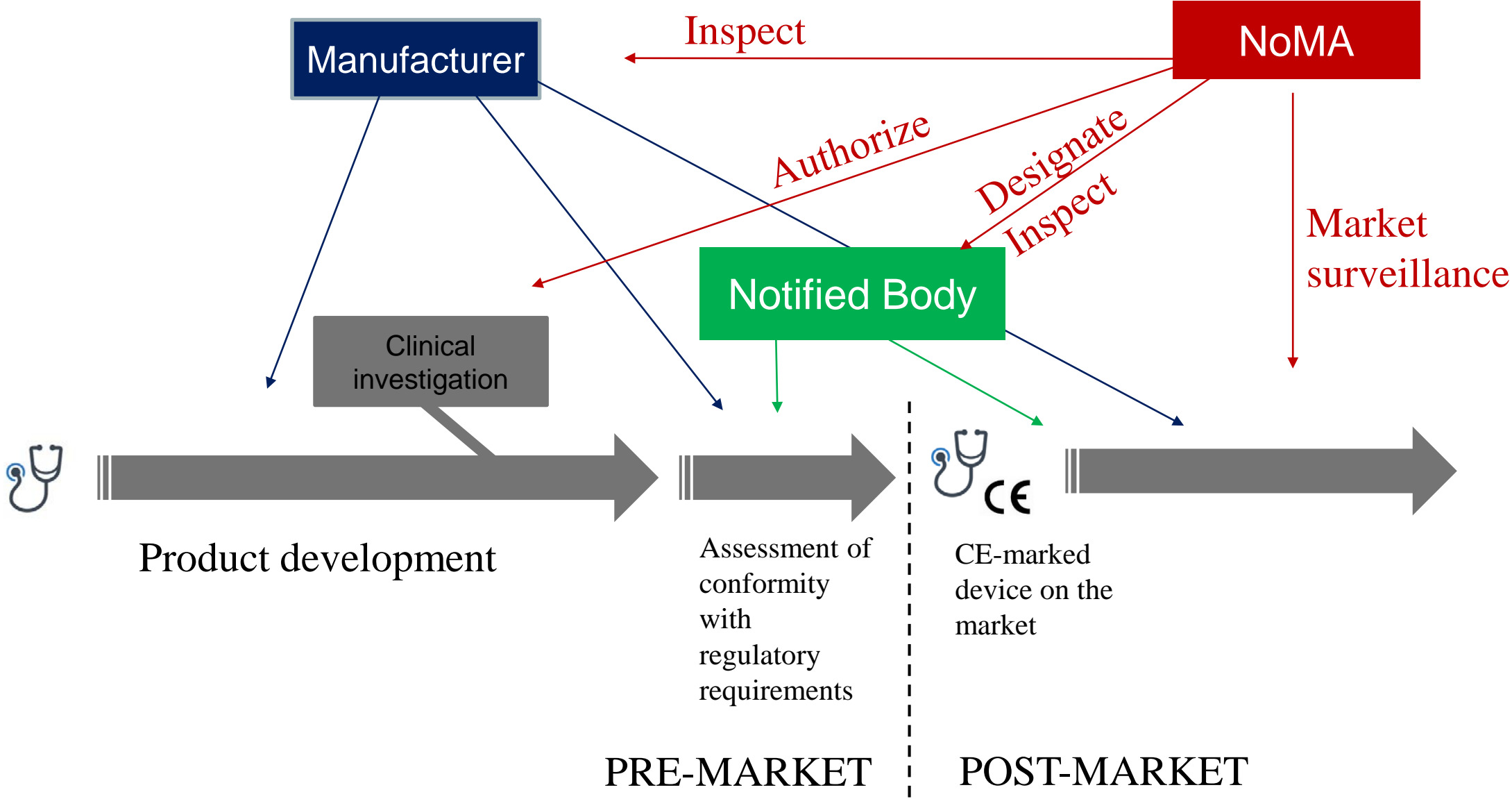
any device intended by its manufacturer to be used for a medical purpose

or

al process,

*and which does not achieve its principal intended action in or on the human body by pharmacological, immunological or metabolic means, but which may be assisted in its function by such means*

# Roles and actors



# Get Advice and Help

- National Regulatory and Scientific Advice
- Central Scientific Advice
  - Coordinated by EMA SAWP
  - Work done by NCA
- Use CRO`s

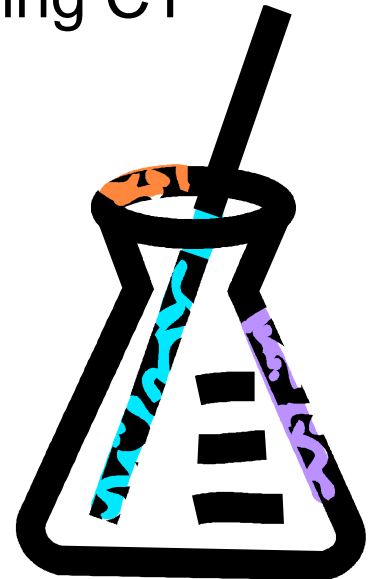
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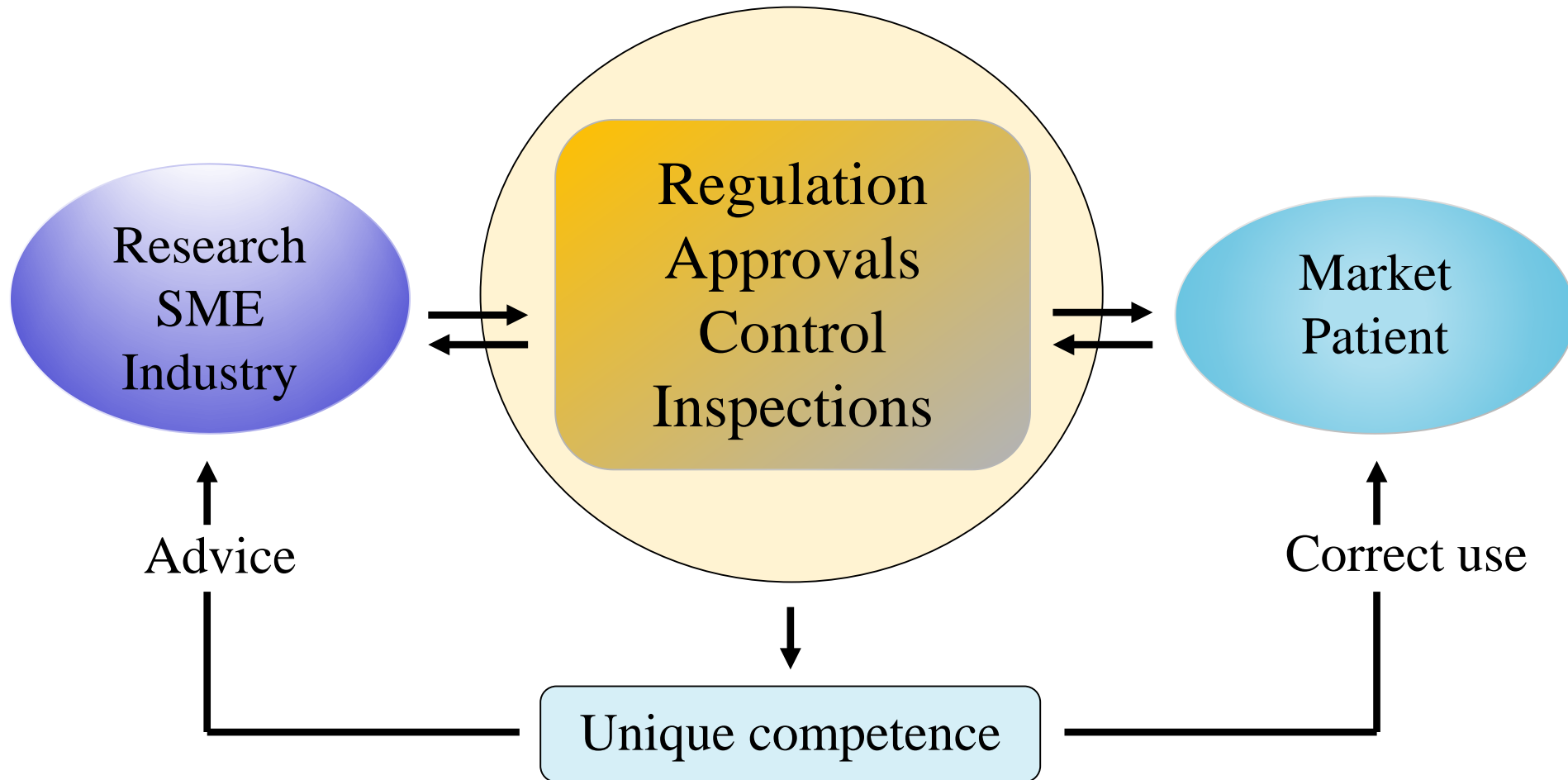
# “Innovation Office” at NoMA

Mission;

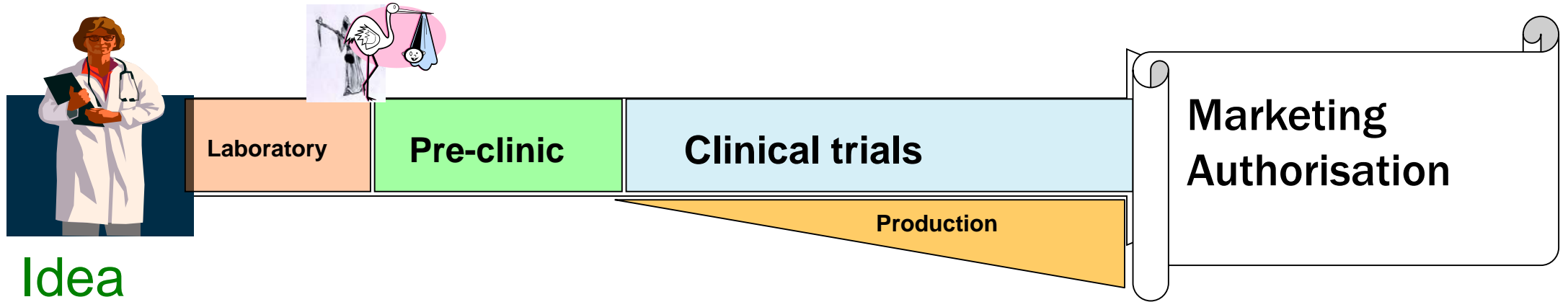
- ✓ Give help and contribute to; «get it right the first time»
  - Advice academia and investigators planning and conducting CT
  - Offers regulatory and scientific advice to companies
    - Start-ups, SME and Big Pharma
- ✓ Easy accessible and pro-active
- ✓ Without partnering!



# Concept; reuse of regulatory competence



# Stepwise dialogue with authorities !



Idea

Low threshold national advice  
Regulatory strategy



National regulatory and scientific advice

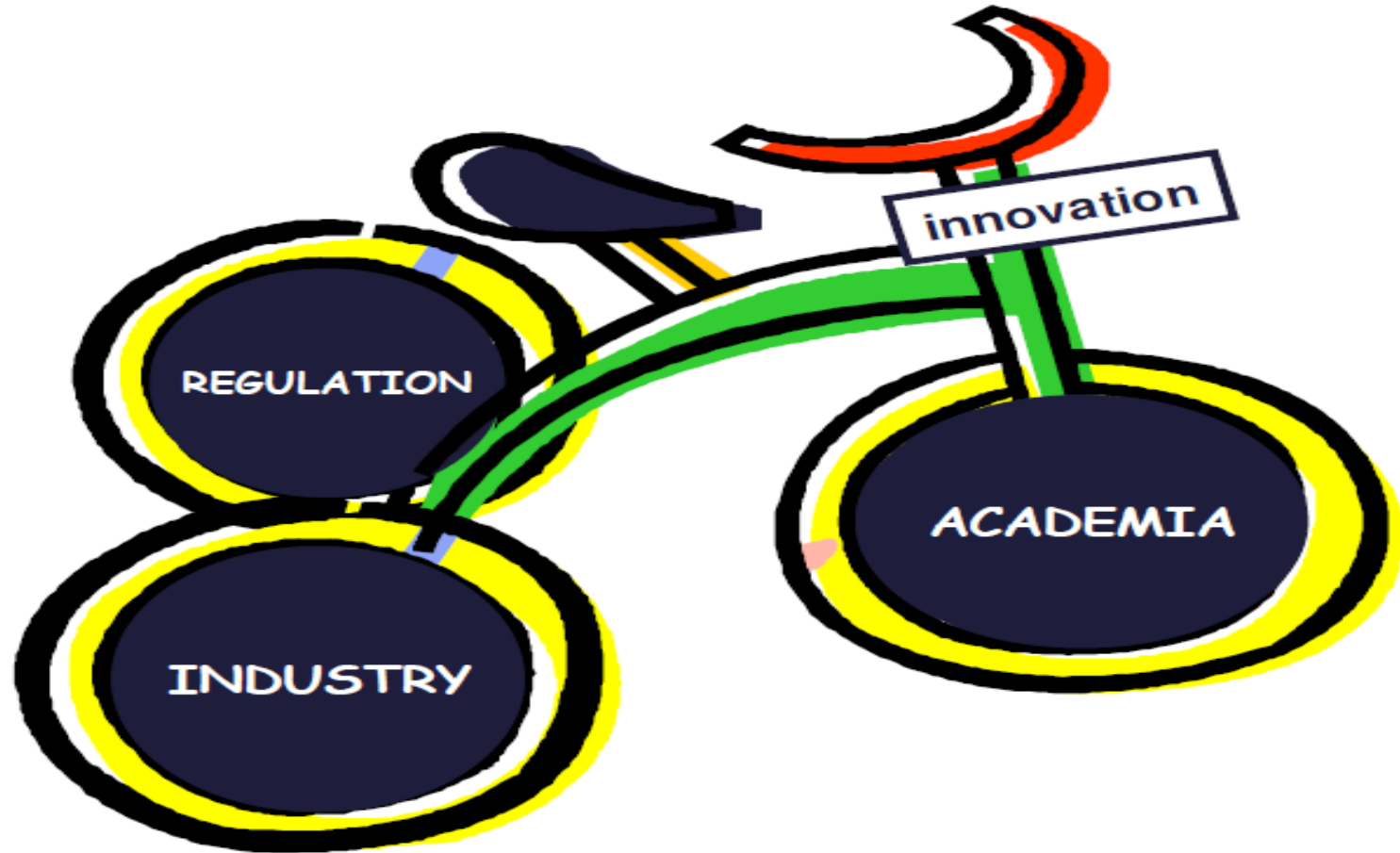


EMA/CXMP scientific advice





# You need to have a Regulatory Strategy!



# Questions ?

[www.legemiddelverket.no](http://www.legemiddelverket.no)

ask-us@legemiddelverket.no

[www.ema.europa.eu](http://www.ema.europa.eu)



# EU-Regulatory Tools....

## Current tools

- Conditional Approval
- Accelerated Assessment
- Exceptional Approval
- Orphan Regulation
- ATMP classification
- Compassionate use
- Scientific Advice. HTA
- SME-office

## New; Supporting development

- **PRIME**
- Innovation Task Force and EU-IN
- STARS
- Modelling and simulating

## New; Development concept **AP**

- Incremental development
- Involving all stakeholders. HTA
- Alternative phase III- Registries and RWD



[Forside](#) → [Godkjenning](#) → [Veiledning og råd](#)

## Vitenskapelig og regulatorisk veiledning i forbindelse med legemiddelutvikling

Legemiddelverket tilbyr veiledning og råd om utvikling av humane og veterinære legemidler.

Dette skal gi brukerne

- forståelse av veien fra idé til godkjent produkt.
- tilgang på ekspertise med erfaring fra utredning av søknader.
- mulighet til å diskutere en søknad før den sendes inn, slik at dokumentasjonen er i henhold til regulatoriske krav.
- råd om hvordan gjennomføre studier for at de skal kunne gi tolkbare resultater første gang studiene gjennomføres. På den måten sparer bedrifter og samfunnet tid og ressurser.

### Hva kan Legemiddelverket tilby?

Vi tilbyr råd og veiledning i alle faser av legemiddelets livsløp på bakgrunn av vår generelle vitenskapelig/regulatorisk ekspertise innen alle faser av legemiddelutvikling. Denne ekspertisen tilegnes og utvikles gjennom utredning av søknader i både nasjonale og europeiske prosedyrer. I det europeiske legemiddelsamarbeidet har Norge de samme rettighetene og pliktene som de

#### Legemidler til mennesker

**Ingvild Aaløkken**

Område rask tilgang

Tlf. +47 472 70 572

[E-post](#)

#### Legemidler til dyr

**Tonje Høy**

Fagdirektør

Veterinærmedisinsk faggruppe

Tlf. +47 22 00 77 65

FIL HJEM SETT INN UTFORMING SIDEOPPSETT REFERANSER MASSEUTSENDELSER SE GJENNOM VISNING EndNote X7 ACROBAT UTFORMING OPPSETT

Utklippstavle Skrift Avsnitt Stiler

Søk Erstatt Velg Redigering

## Forespørsel om vitenskapelig og/eller regulatorisk rådgiving ved legemiddelutvikling



Skjema sendes via e-post til: Ask-us@legemiddelverket.no

Innsendt dato:

Deres referansenummer:

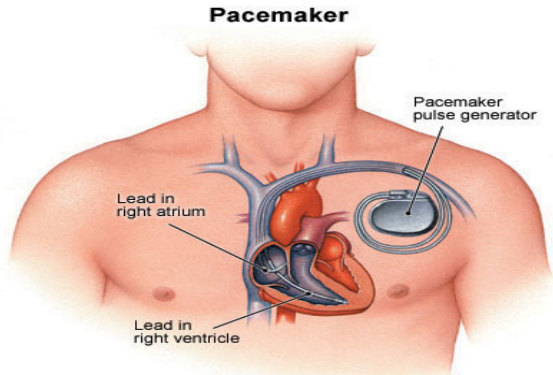
Opplysninger om firma/organisasjon	
Navn på firma/organisasjon:	
Kontaktperson:	
Telefonnummer:	E-post:

Opplysninger om preparatet	
Forespørselen gjelder: <input type="checkbox"/> Legemiddel til mennesker <input type="checkbox"/> Legemiddel til dyr	
Virkestoffnavn og eventuelt preparatnavn:	
ATC-kode dersom kjent:	Legemiddelform:
Indikasjon (inkludert måltart for legemiddel til dyr):	
Har legemidlet tidligere vært gjennom vitenskapelig rådgiving? <input type="checkbox"/> Ja <input type="checkbox"/> Nei	
Hvis ja, spesifiser hos hvilken legemiddelmyndighet:	
<input type="checkbox"/> EMA <input type="checkbox"/> Legemiddelverket, oppgi saksnummer:	
<input type="checkbox"/> Andre myndigheter, spesifiser:	
Tenkt godkjenningprosedyre*:	Tenkt søkegrunnlag*:
<input type="checkbox"/> Nasjonal <input type="checkbox"/> MRP/DCP <input type="checkbox"/> CP	<input type="checkbox"/> Fullstendig <input type="checkbox"/> Generisk <input type="checkbox"/> Hybrid <input type="checkbox"/> Biosimilar <input type="checkbox"/> Annet:

\* Dersom relevant

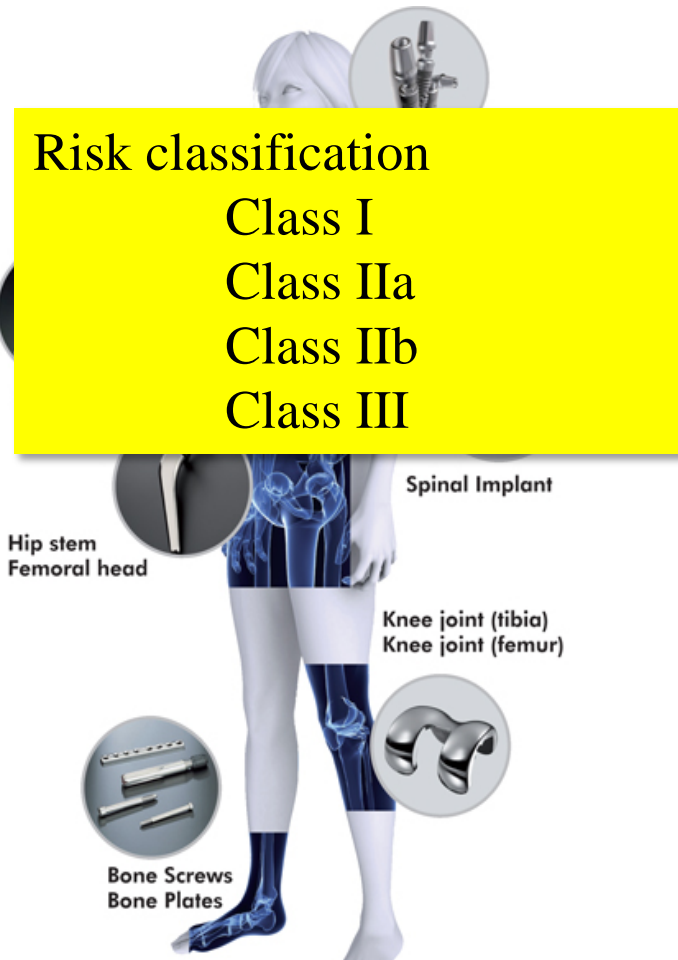
Opplysninger om ønsket rådgiving	
Rådgiving gjelder:	Ønsket ekspertise:
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<input type="checkbox"/>	<input type="checkbox"/> Klinik

# Active implantable medical devices



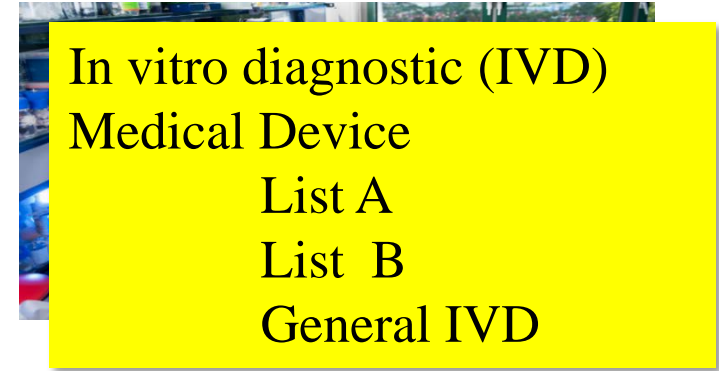
(Directive 90/385/EC)

# Medical Devices



(Directive 93/42/EEC)

# In vitro diagnostic medical devices



(Directive 98/79/EEC)